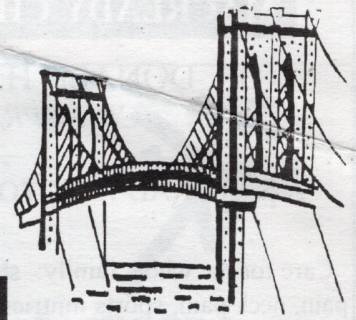


Around the Park



October, 1998

Around the Park
is a monthly
publication of
the Prospect
Park Track Club
PO Box 150658
Van Brunt Sta.
Brooklyn, NY
11215-0658

718-595-2049

PPTC Webpage:

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New Look Announced for PPTC December 6 Holiday Classic

Now that the Holiday Classic 5M run has become a PPTC tradition, it's time to spread our wings. This year, we've added a pee wee run and a 5K walk. The date is Sunday, December 6, at 10 a.m. The course will be a full and a lower loop of Prospect Park. As a member, your application is enclosed, giving you the opportunity to register early.

This is a very special race for PPTC. The proceeds benefit Bishop Ford High School track teams. Since 1995, PPTC has contributed \$3300 to the

school's track teams. It's PPTC's way of saying, "thank you," for the school allowing PPTC to use the school for our Marathon pasta dinner, for the Terrace Bagel 10K and the Cherry Tree 10M run.

The Holiday Classic is dedicated to PPTC founders Harry Murphy and Kurt Steiner. There'll be long-sleeved tee shirts, mile splits, a DJ and post race party at Bishop Ford.



It's Marathon Time

Hard to believe. November 1 (Marathon Day) is just around the corner. Where did all those 16 training weeks go? Next on the agenda is to get with the PPTC Marathon program.

☐ Pasta Dinner: Wednesday, October 28, at Bishop Ford High School, Prospect Park West and 19th Street, at 7 p.m. The cost is \$15 (not \$10 as reported in the September newsletter) for dinner including beer and soda. IMPORTANT

— NO ONE WILL BE ADMITTED WITHOUT A RESERVATION. NO EXCEPTIONS. As Prez Fisher would say: No post entry for the Pasta Dinner!

The deadline for reservations is October 24th. Make your check payable to PPTC and send it to the Club at PO Box 150658, Van Brunt Station, Brooklyn, NY 11215-0658. To be on the safe side (belt and suspenders), call the Club phone (718)595-2049 to leave your name and the number in your party. Remember, all are welcome! Marathoners, friends, family, teammates.

☐ The PPTC bus will leave from Prospect Park West and 9th Street at a civilized 8 a.m. sharp on Marathon Sunday. Cost for members is \$5, non-members \$10. To reserve a seat, call the Club phone and be at the bus at 7:30 a.m.

☐ The traditional PPTC Marathon reception will be held at PS199 on West 70th Street between West End Avenue and Broadway. Meet your cheering squad, have a bite to eat, take a shower, get a massage — all compliments of PPTC.

☐ Not running? Want to be part of the action? Volunteer to be part of the Reception Committee. Call the Club number and leave your name. The more, the merrier.

Welcome to our new advertisers. They deserve your support! PPTC is proud to have 19 local businesses advertising a wide range of quality goods and services in *Around the Park!* Thank you, Gil Torres for your vision and hard work.

Articles

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It's Party Time! PPTC Annual Awards Celebration Jan. 30

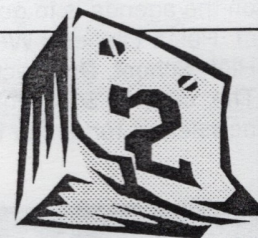
Special Events Chair Peggy Casey wants everyone to know that it's time to party. Saturday, January 30, is the date and the place is the same as last year, the Church of the Virgin Mary at 8th Avenue and 2nd Street. The music will be provided by the same DJ, also back by huge demand. However, we are looking for a new caterer. Have a good lead? Call Peggy at 718-768-4740.

The raffle was a big success and Peggy needs help collecting prizes — and reminds us that we all have time to knock on doors.

November PPTC Meeting:

Monday, 11/2, at 7 p.m. at
Circles Restaurant, where
PPW meets PPSW.

Speakers: George Sheehan on *Running & Now* and podiatrist Dr. Vincent Pacella



Around the Park

Musings on the Mile

Tom Byrnes

One fine Saturday morning, a mile, no more, no less, a straight shot down Manhattan's Fifth Avenue, from 80th to 60th Sts., 20 blocks and it's done. . .

"Gotta stay focused, no time to think, go out fast and try to hang in there, this'll be over and done before ya' know it. . ."

Splits called out.

". . . what'd he say. . . how fast was that. . . who called out, 'go Prospect Park, go get 'em Tom Byrnes. . .' Don't turn to look. . . turn 'em over, turn 'em over, turn 'em over. . ."

Signs posting distances in meters. . . 400. . . 800. . . "Man, this is happening fast, no time to sit back and enjoy the scenery in this one. . ."

A finish line structure, the race banner, the clock overhead pops into view from the top of a slight rise at 70th Street. . .

". . . only 10 more blocks. . . pick it up, pick it up, pick it up. . . not much of this race left. . . even a slight downhill towards the finish. . . dig deep to rob the clock of its last few seconds before my finish. . . outta' air. . . pump the arms. . ."

5:40. . . a sweet sight. . . but as everyone knows, I coulda' done better. . .

Some train like crazy for the mile. . . weights, speedwork, hills, miles and miles. . . all for a race just like this one, that's over before ya' know it. . .

The Fifth Avenue Mile, now I know. Been there — done that. I'll be back. . . wait'll next year. . .

Group Runs:

Saturday mornings from the 69th Street Pier in Bay Ridge, 8 a.m.

Sunday mornings from Park Circle which is the intersection of Prospect Park Southwest and Parkside Avenue, 8 a.m.

Wednesday evenings from Ocean Parkway and Avenue S, 7 p.m.

Wednesday mornings, one easy loop of the Park. Meet at Bartel Pritchard Square, 6 a.m.

If you are new to the group runs, call the Club number — 595-2049.

W elcome,
New

Members:

Francesca

Compagnone

Molly DeFlori-
monte

Craig Hammer-
man

Leonard

Malech and

Shirley Cupid-

Malech

Michael Mindell

Susan Shernit

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*Indicates you did not pay extra for the magazine.
NYRRC members receive the magazine regardless.

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- Add bus pass. Enclosed is my \$7 check.
- Add results magazine. Enclosed is my \$5 check or money order.
- Make the corrections shown at left.
- Cancel my entry. (Cancel by Oct. 1 for guaranteed 1999 acceptance.)

Signature _____ M

Does PPTC appear here on your Acceptance Card? If not, notify NYRRC — NOW!!!

Rice's Roost

Ron Rice



There's PPTC's own Monika Macezinkas on page 39 of the latest issue of New York Runner Sept/Oct, sporting a smile. Monika was caught by the camera at the Tavern on the Green Breakfast Run, on July 8th. She must have had her Wheaties before the run, looking strong in the photo.

Club President "Rocket Robby" Bobby Fisher is recovering nicely from his recent leg injury, seen recently doing a loop of the park.

Marvlyn Jno Baptiste posting some impressive times!

Between Chris Hoban and SI Half, PPTC had quite a showing. More than 70 runners between these two popular events. Red and white singlets with that famous bridge scored on both sides of the water!

McGwire 70, Sosa 66, Chosak 72!! "Iron" Manny Chosak recently completed his 72nd race this calendar year — and the year is not over! Simply amazing! Way to go!

The 5th Avenue Mile is not the first time Manny ran two races in the same day. He did Club Team Championships/Reservoir Run.

Bobby Fisher reports that Cecil Bakalor has qualified for the 1998 Ironman Triathlon National Championship in Hawaii. Wow! We all send our congratulations, Cecil!

Leah George is off to Lake Tahoe for a marathon at elevation with "about 8 miles of treacherous hills." Their website advised hill training as a must. She doubts they meant Prospect Park. Good luck, Leah!

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HARRY'S HINTS TRAINING TIPS FROM HARRY MURPHY

Doug O'Brien

One of the things that always separated the Prospect Park Track Club from other clubs was the guidance, inspiration and generous spirit of our founder, Harry Murphy. In this write-in column, his spirit and wisdom live on. Send your sharable Harryism, anecdote or training tip to Doug O'Brien 371 First St. 11215 or call 768-4098 or e-mail DOrien256@aol.com

Doug Clark relates how one of Harry's guiding principles, the hard/easy concept, shaped his workouts.

The hard/easy concept was not originated by Harry Murphy but it was embraced by him. (He, himself, would sometimes only run three days a week!) According to Doug, one hallmark of Harry's genius was his ability to adapt the concept to any individual runner's capabilities. For Doug Clark, a typical week would look like this:

Tuesday

Doug and Harry would meet at the track (the sidewalk that loops the ball fields in Prospect Park). After warming up, Harry'd have Doug run 4 loops (5/8ths of a mile) each, separated by a jogged loop. He coached Doug to "do it in rhythm, do it with strength. Its not a race." Doug aimed to do each fast loop at the same pace, "around a 3:48" and would change direction half way through.

Wednesday

Day off or an easy loop.

Thursday

They'd again meet at the track and Harry'd have him do 10x 200's up the hill (from the line on the sidewalk near the pond up to the second tree) with jogs back down between each. Doug would do the first few around :40 and try to get faster, up to around :32 for the last two.

Friday

Day off

Saturday

A loop or cross country at "an effortless pace with good rhythm."

Sunday

Race or a long run of 23 miles

Monday

Day off or easy loop

Harry would even use the concept of hard/

For Your Calendar

10/18/98 Harbor Run (Long Island College Hospital) 5K, 9:30 a.m., 718-780-1878, for a good cause — the Lamm Institute for Children with Developmental Disabilities

10/24/98 Jack Moran 5K, 10 a.m. Rockaway Beach, Queens, NY

10/28/98 Pasta Dinner @ Bishop Ford

11/01/98 NYC Marathon!!!!

11/07/98 Bishop Boardman Outing. Volunteer opportunity

11/08/98 Football Social @ Snook Inn

11/22/98 Philadelphia Marathon

11/26/98 NYRRC Turkey Trot 5M Fun Run, 9 a.m., (212)860-4455

easy within one workout. Like Doug's ol' 23 /21/ 23 workout : (after warming up) 3 loops. 1st in 23 minutes, then cranked in 21 minutes, then easy again in 23. (ed's note: easy for you!)

Social Com-
mittee
News:

On November 7th, PPTC volunteers are needed to accompany Bishop Boardman Seniors to the movies and a light dinner at Peggy Casey's house. Call Peggy at 718-768-4740 during the week of Nov. 3 for exact time.

Football fans! Watch the Giants vs Dallas game (or any other) with your PPTC mates on Nov. 8 at Snook Inn (8608 4th Ave.) Cheering, weeping and Marathon memories. You're expected around 12:30 p.m. Cash bar.

GREEN-A-THON '98: A CAKEWALK THROUGH PROSPECT PARK

Susan Kegg

A 4-mile walk in Prospect Park in autumn? No problem!

On Saturday, October 24 at 10 AM runners can do something very simple to help raise money to preserve Brooklyn's last forest: A 4-mile scenic walk through the meandering trails and paths of the park. Prospect Park Track Club members can form a team and individuals can raise money through pledges by participating in this annual event known as the Green-a-thon. By participating in this event -and wearing our club colors -the Club will not only be publicly showing our support for the Park's work in saving the forest, but would also gain greater visibility for the club in the community (Not to mention the fact that this would be a very nice and easy workout a week before the New York City Marathon.) Please register for the Green-a-thon by calling the Prospect Park Volunteer Office at 718-965-8960. To form a Prospect Park Track Club team, please call Susan Kegg at 718-768-2670 or send e-mail to skegg@gateway.net. Hope to see you out there!

NYRRC Club Council

Much discussion took place regarding the Staten Island Half. Be aware, latecomers. Delaying race starts to accommodate post race entrants is under fire. A motion to expand women's teams from 3 to 5 members in open events shorter than 30K was defeated. Small clubs argued persuasively that they would be closed out.

PPTC TEAM STANDINGS

Open Men: 19th out of 32 teams

Open Women: 14th out of 32 teams

Masters Men: 19th out of 31 teams

Masters Women: 8th out of 24 teams

Vet Men: 7th out of 19 teams

Vet Women: 5th out of 10 teams

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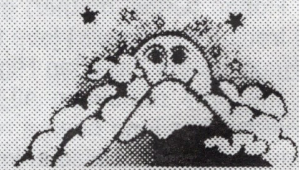
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It's a Family Affair at the Hoban Run

Gil Torres

Picking up my number at the Hoban Run feels more like arriving at a family reunion than at a race. I inevitably stop and greet teachers and fellow alumni for ten minutes before I get to register. Tina Hoban (Chris' mother) gives me a hug and asks, "Is (your wife) Irene here today? I love to see the two of you here every year." *Here* means Xaverian High School on 71st St. and Shore Road, the only remaining all-boys, Catholic school in Brooklyn. Xaverian has long been a respected institution in the Bay Ridge community, and it also enjoys generous support from an active alumni population. Xaverian is family, and its history shows that the school leaves its imprint on the lives that pass through its halls. The Hoban Run is one such instance.

Chris Hoban, class of '80, was a 26 year old police officer whom I will only know as a kid in a calico sweater smiling at us from a remembrance card. In October, 1988, during an undercover drug bust gone bad, a bullet senselessly snuffed out his life. This was a tragic incident that devastated his surviving family. But at Xaverian, family is not forgotten, and fellow alumni from the police department, led by Mike Wilson and Kevin and Walter Ward, rallied behind a fallen hero to turn his memory into hope for the future.

For the last 10 Septembers another gunshot has brought to life a celebration of some 400 runners over a 5 mile course on the bike path along the Narrows which loops up and around 3rd Avenue and finishes in front of the school.

Xaverian awards a trophy to the first alumnus to finish, and for years this was the exclusive property of Lou Vazquez, PPTC member and race director of the Kenny Dolan Race. Always second to Lou, I kept asking, "Who is this guy?" That's how I met Lou. One year, I showed up and my heart skipped a beat when I saw he wasn't running. He informed me he was nursing an

injury, but quickly shattered my hopes when he added, "My brother, Phil, is running this year." That's how I met Phil, and the trophy remained a Vazquez family heirloom.

This year I briefly met Judy Santagata about three miles into the race. "Don't slip back," she said encouragingly, and powered on. Although Judy finished 6th woman, she didn't receive a trophy because they only recognized one overall finisher instead of three this year. I didn't hear any whining about it--that's class, Judy.

PPTC brought home a lot of hardware from the Hoban Run, and the club colors were prominent as always during the post race party. Everyone seemed to approve of the 24oz. Coors carboloading specials, and volunteers kept busy grilling endless burgers and dogs.

Moms carried medals from the PeeWee Run while the kids had a great time enjoying the rides, hair coloring and magic show. After counting in the receipts from a second post race party later that afternoon, the police alumni made a contribution of over \$10,000 to Xaverian to fund scholarships for students who are related to a police officer.

Just as I was getting ready to leave, I met another Mrs. Hoban. She was a former Tae Kwan Do instructor in the Korean army married to Chris Hoban's cousin. Her first son was baptized the day after Chris was buried, and they decided if they had another child they would name it after Chris, and his father, Dennis. They did, and I shook hands with a little boy in a striped shirt and a buzz who complained that his name was too long. That's how I met Christopher Dennis Hoban. Welcome to the family.

Happy October

Birthday,

PPTCers:

Barbara Barran

Allan Bobadilla

Hutman Carr

Manny Caruana

Margaret Chandler

dler

Tom Delehanty

Claire Dougherty

Joan Ewing

Don Feldman

George Galvin

Janice Hamann

Larry Kurz

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tor's Corner

Need uniform items? Singlets, shorts, tees? Remember, the holidays are coming.

Clothing Coordinator, Myrna McAneny suggests you give her a call — 718-375-9783. She has items in inventory and is preparing to place an order for new items.

Myrna opens "Myrna's Boutique" of team items she has available at the monthly PPTC meetings.

Finest Sport Training Run

Ron Rice

On Sunday, September 13, a number of PPTC members participated in the "Finest Sports Manhattan Training Run," in preparation for the NYC Marathon. Besides representatives from PPTC, there were runners from Van Cortlandt Track Club, Astoria Park, and College Point — about 75 runners in all.

Our day started out early — we had to be ready for the bus pickup at 6:30AM, in lower Manhattan, near Battery Park. The bus dropped us at the start, at 220th Street & Broadway, near the George Washington Bridge. We would run from tip to tip of Manhattan.

Curtis Dixon, the event coordinator, is associated with the New York Police Running Club. Many of the volunteers were cadets from the NYC Police Academy, and Curtis' family and friends.

It was an interesting course. The first 1.5 was flat, the next mile or so was a continuous hill upwards. We turned down 165th Street & Broadway, and ran on the rolling hills of Riverside Drive. We passed many historic sites, most notably Grant's Tomb. I now know why Harry Murphy loved running here so much.

When we approached the turn on 72nd St. & Broadway, we continued onto the westside all the way down, past the newly refurbished Chelsea Piers. By that time, I was glad we had started out early, because the sun was beating down on us. But the World Trade Center was in sight and it was only a few miles to the finish. There were water stops along the way, and a videocam to capture the moment. I'm sure all PPTC runners were smiling for the camera. The last few miles were pleasant — not just because it was flat, but because of the scenery of Battery Park City. It was a nice touch at the end — all finishers were cheered in and presented with a finisher's medal, a certificate of completion, a long sleeved tee shirt and a commemorative coffee mug imprinted with the 14 1/2 mile course.

PPTC runners were Peggy Casey, Bill & Kathy O'Gara, Artie Kolb, Ron Rice, Jim & Maggie Smyth, "Pistol" Pete Tomasi and Julio Zavala. This is a run deserving serious consideration for next year's running calendar.

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Race Results

* indicates pr

Julio Zavala	40:20
Michael Mark	42:53
Artie Kolb	46:08 2 nd
	Golden Age
Jim Donnelly	50:38
Kathy Gilhuley	38:20
Patricia O'Hanlon	39:48 2 nd Vet
Noeleen Casey	44:22
Peggy Casey	47:47
Kathy O'Gara	51:36
Anne Perzeszty	56:01
	Fort Hamilton 5K 08/11/98
Manny Chosak	19:43
	Great Water 4M Run Central Park 08/13/98
Manny Chosak	25:47
	Verrazano Rotary Club 5K Run for Vinnie 08/16/98
Manny Chosak	18:35 2 nd over-all
	Brentwood 5K Cookie Run 08/24/98
Manny Chosak	19:51
	Knights of Pythias 5M Marine Park, NY 06/14/98
Marvlyn Jno-Baptiste	38:55
	Astoria, Queens 5K 06/20/98
John Power	32:08
Christine Boutross	33:30
	Cosme Amfar 5K Coney Island, NY 06/28/98
Marvlyn Jno-Baptiste	22:40
	George Sheehan Classic 5M Red Bank, NJ 08/08/98
Peter Tomasi	37:00
Tony LaForgia	38:20
Bill O'Gara	40:05

Around the Park

<p>Belmar 5M Belmar, NJ 08/29/98</p> <p>Sergio Cano 30:56 Patricia O'Hanlon 40:12 1st Vet</p> <p>Express 5K Run Eisenhower Park, LI 08/31/98</p> <p>Manny Chosak 19:57 2nd VetA</p> <p>Henry Isola X-C 4M Van Cortlandt Park 09/06/98</p> <p>Robert Falk 30:55 Jack Harr 34:23 2nd SrA JosephSimonte 39:07 3rd SrA</p> <p>Great Bonac 10K East Hampton, NY 09/07/98</p> <p>Tom Byrnes 42:48 2nd Vet 31st overall</p> <p>Central Jersey RRC 5M Fall Classic Cranford, NJ 09/07/98</p> <p>Patricia O'Hanlon 39:33 1st VetB</p> <p>Long Beach 5 Miller Long Beach, NY 09/07/98</p> <p>Mickey Newman 41:06</p> <p>New Haven Road Race 20K 09/07/98</p> <p>Dan Genova 1:20:33 Bill O'Gara 2:03:04 Paula A. Tancredi 1:40:53 Judy Santagata 1:40:54 Alexis Halkovic 1:45:39 Maggie Smyth 2:10:39 Pat Whittingham 2:32:49</p> <p>New Haven Road Race 5K 09/07/98</p> <p>Jim Smyth 28:59 Kathy O'Gara 31:16</p> <p>Ft Ham Speed Series 5K 09/08/98</p> <p>Manny Chosak 19:48 1st overall Doug O'Brien 20:51 2nd overall Glenn Heiberg 30:56</p> <p>Wendeville 5K Buffalo, NY 09/09/98</p> <p>Michael Ring 23:00</p> <p>South Hudson Spiked Shoe Club 5K Bayonne, NJ 09/09/98</p> <p>Sergio Cano 19:36 1st Male Patricia O'Hanlon 23:54 1st Female</p> <p>Marty Celic 4 miler Staten Island 09/11/98</p> <p>Ann Vazquez 26:01 Alex DeRosa 29:35 Eiden Weiss 31:19</p> <p>Sean Smith 5K Breezy Point, NY 09/12/98</p> <p>Peggy Casey 26:20 1st Vet Kathy O'Gara 29:13 Ronald Rice 26:11 Bill O'Gara 27:10</p> <p>Emerald Society 5K Ocean Run Rockaway, NY</p>	<p>09/12/98</p> <p>Manny Chosak 19:36 1st VetA 4th overall</p> <p>Frank McIneney 22:11 Jim Smyth 27:57 Maggie Smyth 26:04 1st Sub MstrB</p> <p>Maspeth 5M Maspeth, Queens 09/13/98</p> <p>Dan Markiewicz 30:10 1st SubMstr 7th overall</p> <p>Manny Caruana 42:12</p> <p>Harry Murphy X Country 5K Van Cortlandt Park, NY 09/13/98</p> <p>Gary Greene 19:30 2nd MstrA 25th overall</p> <p>Tom Tobin 25:56 JosephSimonte 30:30 2nd SrA Bob Serrone 32:13 Regina Cahill 24:26 2nd MstrB</p> <p>Narrows 10M Run Bay Ridge, Brooklyn 09/13/98</p> <p>Dan Genova 1:06:21 1st Mstr 5th overall</p> <p>Manny Chosak 1:08:53 1st Vet Marvlyn Jno-Baptiste 1:23:00 Diana Ortiz 1:38:50 3rd Mstr Maritza Vega 1:42:50</p> <p>5th Annual Sport E Benfica 4M Newark, NJ 09/13/98</p> <p>Sergio Cano 27:49 2nd SubMstrA</p> <p>Patricia O'Hanlon 31:18 3rd Female</p> <p>Race for the Cure Central Park, NY 09/13/98</p> <p>Monika Macezinskas 30:00 Dianne Clark 31:00 Anne Perzeszty 32:54 Kathryn Kash 41:53</p> <p>Ft Ham Speed Series 5K 09/15/98</p> <p>Manny Chosak 19:43</p> <p>Wall Street Run 5K 09/17/98</p> <p>Dave Younkin 17:32 Manny Chosak 19:14 3rd Vet Nicholas Graziano 19:50 Jay Baris 26:10 James Smyth 31:16 Diana Gomez 23:28 Maggie Smyth 29:16</p> <p>Marcus O'Sullivan 5k Challenge Central Park 09/19/98</p> <p>Julio Zavala 23:09 Peggy Casey 26:26 1st Vet Anne Perzeszty 31:54 1st Sr Kitty Donohue</p> <p>Country in the City 5K New Haven, CT 09/19/98</p> <p>Paula Tancredi 22:58* 3rd overall</p> <p>Bayshore Classic 5K Holmdel, NY 09/19/98</p>	<p>Sergio Cano 19:36 2nd SubMstrA</p> <p>Patricia O'Hanlon 24:28 1st VetB</p> <p>Great Cow Harbor 10K 09/19/98</p> <p>Sean Newman 41:30</p> <p>Run to the Future 5K Bayonne, NJ 09/20/98</p> <p>Sergio Cano 18:51 1st SubMstr</p> <p>Patricia O'Hanlon 24:02 1st Vet</p> <p>Chris Hoban 5M Run - Xaverian HS, Bay Ridge 09/20/98</p> <p>Louis Vazquez 31:18 (1st Xaverian alum- nus)</p> <p>Phil Vazquez 31:20 Frank DeLeo 33:12 Juan Rivera 33:43 Peter Tomasi 35:35 Gil Torres 36:41 Frank McAneney 36:49 2nd Sr. Julio Zavala 38:09 Tony Laforgia 39:37 Bill O'Gara 40:20 Mickey Newman 40:36 Sean Newman 40:36 Denis Sivak 41:03 Rob Finn 41:55 Jim Smyth 47:43 Glenn Heiberg 50:39 Ann Vazquez 32:32 2nd woman overall</p> <p>Nancy Heffron 1st SubMstr 32:50 2nd SubMstr</p> <p>Maggie Deschamps 33:02 3rd SubMstr</p> <p>Judy Santagata 36:27 Paula Tancredi 39:32 Ella Woger 41:24 3rd Mstr Diana Ortiz 41:55 Noeleen Casey 43:10 Peggy Casey 46:57 3rd Vet Kathy O'Gara 52:25 Kitty Donahue n/a 1st Sr</p> <p>Staten Island Half Marathon 09/20/98</p> <p>Victor Zamora 1:19:40 Wendell Dasilva 1:34:09 Manny Chosak 1:34:44 Mark Guralnick 1:38:16 Doug O'Brien 1:41:43 Jerry Sun 1:41:50 Paul Soskind 1:41:54 Kevin Levy 1:43:08 Bruce Bowman 1:46:21 John Ashbrook 1:46:34 George Miller 1:49:53 Andrew Hosking 1:51:23 David Little 1:51:31 Matthew Schwartz 1:53:01 Tim Benton 1:54:19 George Galvin 1:54:56 Jack Stetch 1:55:55 Alex DeRosa 1:57:16 Michael Mark 2:03:22 Aaron Koffler 2:05:10 Arnold Sparr 2:11:14 Jay Baris 2:14:36 Art Kolb 2:18:48 Andrew Loose 2:24:10 Ron Rice 3:09:49 Deborah Barchat 1:43:11 2nd MstrB</p> <p>Marvlyn-Jno Baptiste 1:49:17 Alexis Halkovic 1:49:50 Doris Traub 2:00:18</p> <p>Kathleen Gilhuley 1:52:13 Eveyn Deliz 1:56:35 Leah George 1:59:34 Heda Eisenberg 2:01:21 Debbie Goodison 2:10:27 Jenet Levy 2:10:38 Maria K. Green 2:14:58 Maggie Smyth 2:15:49 Isabella Ferreira 2:16:27* Margo Long 2:17:23 Monika Macezinskas 2:23:00 Dianne Clarke 2:23:09 Jill Garland 2:26:53 Gwelda Fairweather 2:31:56 Anne Perzeszty 2:35:07 Francesca Daza 2:35:34** Pat Whittingham 2:47:08 Kathryn Kash 3:09:50</p> <p>**not listed as PPTC</p> <p>St. Clare's Riverside Harvest Festival 5K Denville, NJ 09/23/98</p> <p>Sergio Cano 18:48 Patricia O'Hanlon 23:50 2nd VetB</p> <p>Donald Trump 5th Ave. Mile 09/26/98</p> <p>Sean Newman 5:12 Manny Chosak 5:35 First Heat Manny Chosak 5:33 Second Heat Tom Byrnes 5:40 Al Goldstein 8:36 (George Shee- han Div.)</p> <p>Liberty Waterfront Half Marathon Jersey City, NJ 09/27/98</p> <p>Sergio Cano 1:31:40 Manny Chosak 1:35:17 Patricia O'Hanlon 1:51:14 3rd VetB</p> <p>Music That Heals 5K Prospect Park, Brooklyn 09/27/98</p> <p>Victor Zamora 16:55 2nd overall Dan Genova 18:09 2nd age grp Juan Rivera 20:23 Peter Tomasi 21:54 2nd age grp Frank McIneney 22:39 1st age grp Julio Zavala 23:30 3rd age grp Bill O'Gara 27:50 Michael Mark 27:50 Ron Rice 29:10 Manny Caruana n/a Deborah Barchat 21:54 1st female Alexis Halkovic 22:34 * 2nd female Marvlyn Jno-Baptiste 22:45 3rd female Kathy Gilhuley 22:48 1st age grp Diana Ortiz 25:02 2nd age grp Heda Eisenberg 25:10 3rd age grp Veronica Antoine 27:17 Kathy O'Gara 30:31</p> <p>Philadelphia Distance Run Philadelphia, Pa 09/27/98</p> <p>David Younkin 1:24:27 Andy Loose 2:24:14 Leah George 1:59:51 Liz Caso 2:04:44 Jill Garland 2:19:22 Isabella Ferreira 2:31:33 Pat Whittingham 3:00:50</p> <p>Gabe Vitale 5K Undated</p> <p>Mickey Newman 24:15 3rd Sr.</p>
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